



News from the Lady Ryder of Warsaw Memorial Trust

Easter 2026

From our Chairman, Robert Frith:

May I welcome you to our latest newsletter, the first for a few months. You will see we have been busy and continue to promote the Sue Ryder name and legacy with financial support from our funds, in accordance with our objectives.

Personally, I went to Helenow, a home for disabled children on the outskirts of Warsaw in May 2025 to celebrate their Children's Day. Despite inclement weather it was extremely busy and we are pleased to support the home, as you will see below.

Just recently in March 2026, I visited Bristol University to meet the students we support who come from under privileged backgrounds but wish to follow their chosen careers to become doctors. It was extremely rewarding and moving. They are highly motivated and I am pleased to report that through 2027 we will have 'created' (supported) 7 doctors who have qualified via our scheme into this turbulent world. This in itself will keep the Sue Ryder name alive for years to come

Poland

We have continued to contribute funds to Sue Ryder Homes in Poland :

- New washing machines for Psarskie
- New kitchen facilities at Pierzchnica
- Repairs to the vocational school at Helenow
- Refurbishment and creation of new spaces for rehabilitation and therapeutic activities at Popkowice.

All these projects are improving the lives of the residents, either children, the elderly or anyone with chronic conditions.

Italy

The Fondazione Sue Ryder continues to work with the local churches to run a food bank in a very deprived area of Rome. We continue to support the Fondazione with their valuable and essential project.

Lourdes

For the past two years, the LRWMT has funded student nurses and disabled children travelling to Lourdes with HCPT (Hosanna House Children's Pilgrimage Trust). This year, the Trust will fund three nurses and three children on their Easter Pilgrimage.

Abbie, one of the student nurses who joined the Pilgrimage in 2025, recalls:

The opportunity has been a once in a lifetime experience, and as a student nurse, it has been beneficial to my nursing skills and immensely improved my confidence, which will be invaluable in my nursing career. It helps you further appreciate the differences you can make in children's lives and how much little things mean to both the child and the family. Lourdes has helped shape the nurse I wish to be in the future, and I am again so grateful for this amazing experience and hope other students are able to have this opportunity.

Medical students:

Leading up to the Centenary of Sue Ryder's birth in 2024, the LRWMT began a new project to mark the occasion, by supporting medical students – young people who might otherwise be discouraged from starting out on a career in medicine. Working with both Bristol and Newcastle universities, the LRWMT is

now supporting ten students, and with more funds we could support more students.

A recent **first year student**, on learning that she had been awarded a Lady Ryder Medical Scholarship, remarked that *"It was more than financial support – it felt like a vote of confidence, a recognition of potential, and an assurance that people believed in what I hope to achieve....thank you once again for investing in my future and in the futures of so many young people. Your support is making a real, lasting difference."*

Currently, two **final year students**, John and Cameron are volunteering at Raphael, the Ryder-Cheshire Centre in India.



We are delighted to have supported them to go there and in turn, to help Raphael. They have been helping at the clinic and have sent us the following report:

"It has been an eye-opening experience as we've been seeing lots of diseases that are not common in the UK such as TB and leprosy - but also lots of diseases that certainly are more common such as diabetes, high blood pressure and COPD too! It's very interesting to see both the similarities and differences of healthcare worldwide. Lots of patients are follow-ups after their TB treatment, and it's inspiring to see the difference that the work of Raphael has made in their lives through the treatment provided"

Specialist training - at the University of Krakow in Poland, we have been able to support doctors in training to carry out specialist training in palliative care, so essential for their work.

Medical student in Mozambique – we were approached by another charity to consider funding for Inoque, a student in Mozambique. He had struggled to actually start his degree in medicine so we were able to help him then and he is now in the second year and we are pleased to support him again. *"I deeply believe that, with support and solidarity, I will be able to complete my training and give back to society, in the form of service and care, everything that today that I receive"*. We look forward to bringing more news of Inoque as he progresses with his studies.

Future Events in 2026

Wednesday 1st July at 7pm - our annual 'Sue Ryder' lecture will take place at the Polish Hearth Club (Ognisko) in London. Through this annual lecture we aim to keep alive the 'Sue Ryder' name, and all the work she started and which continues today in her name. The theme for our lectures is humanitarian work and this year, our speaker is Commander Bartosz Rutkowski (retired), from Eagle's Watch (Orla Straż).

Do join us, both to listen to Commander Rutkowski and to find out more about what we are doing. If you wish to attend, please keep a check on the website for the Polish Hearth Club (Ognisko), or do contact us direct on info@lrwmt.org.uk. We hope you can join us.

Sunday 1st November

Requiem Mass for Sue Ryder's soul at Christ The King Church in Balham, London, followed by a simple reception afterwards. More details to follow nearer the time. If you would like to be kept up-to-date with plans, please do contact us, info@lrwmt.org.uk

How can you help us?

Donations – regular or otherwise, gift-aided if possible, and legacies are all very welcome. For more information, please visit our website, www.lrwmt.org.uk, or send us an email, info@lrwmt.org.uk THANK YOU